Welcome to the place to “enlighten” your self to some soulful happenings in the South Florida area. Below you will find our Mission, Vision and Core Values statements to give you an idea as to who we are and what we hope we can provide you as you continue on your own “dreamer’s journey”. Enjoy.

**Board of Directors**

President – Hal Martin

Vice-president – Marcia Martin

Secretary – Adriana Araujo

**Volunteer Staff**

Production Manager – Joyce Fleming

Communications – Alina de la Paz

Graphic Arts and Social Media – Mel Bartel

**Our Mission**
Stop, Breathe and Smile creates and produces diverse conscious events that express Truth, Beauty and Oneness.

**Our Vision**
Stop, Breathe and Smile creates a sanctuary to experience the mystery of the dreamer’s journey and nurtures a conscious community for universal awareness.

**Our Core Values**
**Passion**
The ability to live life “out loud”.
**Open Heart**
Refuses no part of me, no part of you.
**Simplicity**
We keep our lives and ideas as simple as possible.
**Diversity**
Open and embracing as we broadcast who we are.
**Balanced**
Not too much to one side or the other. Living life on the razor’s edge.
**Gratitude**
Key to true greatness.

**History of Events:**

**2007**

November 16th

Deva Premal and Miten with Manose in Concert

 Sacred chant music concert

Unity on the Bay - **SOLD OUT**

**2008**

September 14th

Deva Premal and Miten with Manose in Concert

 Sacred chant music concert

Unity on the Bay - **SOLD OUT**

**2010**

September 8th

Deva Premal and Miten with Manose in Concert

 Sacred chant music concert

Gusman Center for the Performing Arts - Downtown Miami

**2011**

January 22nd

Mirabai Ceiba in Concert

 Sacred chant music concert

Trinity Cathedral

January 23nd

Mirabai Ceiba "Heart of Healing" Workshop

 Workshop sharing the benefits of devotional music and chanting

The Sacred Space

September 23rd

I Am, the Documentary (with writer/director Tom Shadyac appearing LIVE for Q&A after the movie)

 Movie about slowing down the pace of our daily living

Gusman Center for the Performing Arts - Downtown Miami

September 24th

The Rumi Concert with Coleman Barks, Zuleikha, David Darling and Glen Valez

Performance with Coleman Barks reciting his translations of Rumi poetry accompanied by music and dance

Gusman Center for the Performing Arts - Downtown Miami

October 15th

Deva Premal and Miten with Manose in Concert

 Sacred chant music concert

Gusman Center for the Performing Arts - Downtown Miami

**2012**

January 14th

Mirabai Ceiba in Concert

 Sacred chant music concert

Unity on the Bay

January 15th

Mirabai Ceiba "A Gift of Love" Workshop

Workshop sharing the benefits of devotional music and chanting

The Sacred Space

May 4th through 6th

Jeff Foster Introduction and Workshop

 Spiritual teacher sharing ways to experience inner peace in today’s busy world

Unity on the Bay

Summer Spiritual Cinema Series @ Unity on the Bay

June 28th

I Am, the Documentary

 Movie about slowing down the pace of our daily living

July 19th

Awaken, Soul to Soul

 Movie about Awakening to our true nature

August 16th

Living in Light

 Movie about creating a better way of living based changes in the way we live our lives

November 2nd and 3rd

The GuruGanesha Band

 Sacred chant music concert

Yoga Source Davie

**2013**

March 8th

Mirabai Ceiba in Concert

Sacred chant music concert

Unity on the Bay

March 9th

Mirabai Ceiba in Concert

 Sacred chant music concert

The Duncan Center in Delray

March 10th

Mirabai Ceiba "Heart of Healing" Workshop

 Workshop sharing the benefits of devotional music and chanting

Yoga Source Davie

Sept. 28th and 29th

Vibration of Life Festival

Showcase of South Florida’s Holistic Community featuring 18 holistic presentations offered to the community for free.

South Miami Dade Cultural Arts Center

Sept. 28th and 29th (2 Concerts)

MantraFest featuring Deva Premal and Miten with Manose and the GuruGanesha Band

 Sacred chant music concert

South Miami Dade Cultural Arts Center

December 5th

Snatam Kaur in Concert

 Sacred chant music concert

Unity on the Bay

**2014**

February 14th

Mirabai Ceiba in Concert

 Sacred chant music concert

Unity on the Bay

February 15th

Mirabai Ceiba "Heart of Healing" Workshop

 Workshop sharing the benefits of devotional music and chanting

Yoga Source Davie

March 21st

Movie Night @ Unity – Inner Worlds, Outer Worlds Parts 1 & 2

 Movie detailing the connectedness of our universe

Unity on the Bay

March 28th

Movie Night @ Unity – Inner Worlds, Outer Worlds Parts 3 & 4

 Movie detailing the connectedness of our universe

Unity on the Bay

April 4th

Movie Night @ Unity – One Track Heart, The Story of Krishna Das

 Movie documenting the path of devotion that Krishna Das has taken

Unity on the Bay

April 11th

Workshop with Krishna Das

 Sacred chant music workshop

Unity on the Bay

April 12th

Krishna Das in Concert

 Sacred chant music concert

The Littman Theater

Sept. 27th and 28th

Vibration of Life Festival

Showcase of South Florida’s Holistic Community featuring 18 holistic presentations offered to the community for free. Also included ticketed concerts, workshops, vendors and food trucks.

Vish (from the Mayapuris) Workshop

Jai Uttal Concert

Jai Uttal Workshop

Deva Premal & Miten with Manose and Friends in Concert **SOLD OUT**

South Miami Dade Cultural Arts Center

**2015**

May 16th and 17th

Silvia Nakkach

 Workshop and Concert

Yoga Source Davie

June 3rd

Krishna Das in Concert

 Sacred Chant Music Concert **SOLD OUT**

FIU Wertheim Theater

Dec 5th

Nepal Benefit Concert featuring Manose

 Benefit Concert supporting the building of schools in Nepal

UOTB

**2016**

February 20th

Mirabai Ceiba

 Sacred chant music concert

UOTB

February 21st

Mirabai Ceiba

 Sacred chant music workshop

Yoga Source Davie

March 5th

David Newman

 Sacred chant music concert

Yoga Source Davie

April 3rd

HuDost

 Concert

Yoga Source Davie

April 23rd

Jai Uttal

 Sacred chant music concert

UOTB

April 24th

Jai Uttal

 Sacred chant music concert

Yoga Source Davie

May 21st

Tina Malia

 Concert

The Sacred Space

**Upcoming**

September 17th

Deva Premal and Miten with Manose in Concert

 Sacred chant music concert

Olympia Theater - Downtown Miami